## This recipe doesn't miss a beet

Roasted beet bread gives sandwiches a veggie boost PAGE 11

## SEEING BURGUNDY

GO TO THE DARK SIDE THIS SEASON WITH A DEEP RED LIP PAGE 10

REGIONAL metro®

Thursday, November 15, 2012

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# Getting the picture: Canada ranks high in cigarette warnings

**But packaging could go further, some say.**
Saskatchewan saw highest smoking rates in the country in 2010

MORGAN MODJESKI
Metro in Saskatoon

A recent report by the Canadian Cancer Society (CCS) ranking cigarette warning packages around the globe has Canada ranked fourth out of 198 countries, but some say more needs to be done.

Rob Cunningham, senior policy analyst with CCS, said the federal government should move quickly to implement the larger warnings introduced in March — which take up 75 per cent of the front and back of cigarette packages — on other tobacco products, like roll-your-own tobacco, water-pipe tobacco and smokeless tobacco.

"These product categories, which are popular in Saskatchewan and in other provinces, especially amongst youth, should have these new warnings on them as well," said Cunningham.

He also explained the larger warning labels could be effective in helping those outside major cities kick the habit as they contain the number for a toll-free quitline.

"If you live in a remote community or a rural community, you've got access to free help to quit," said Cunningham. "These images say 1,000 words and regardless of where you live, these warnings are having an impact and they're also reaching people around smokers, their kids, their friends and their co-workers."

Alim Gillani, senior manager of health promotion with the Heart and Stroke Foundation of Saskatchewan, echoed Cunningham saying Canada should introduce regulations similar to those in Australia, which require 75 per cent of the package fronts covered and 90 per cent of package backs, with the removal of all tobacco company branding.

"What Australia has done with plain cigarette packaging has been proven by research to make a really big difference," said Gillani. "Then there is no marketing towards branding, towards colours and stuff like that, every cigarette is the same and it really goes to deter new and old smokers."

**Top-ranked countries**

1. **Australia:** 75 per cent of front, 90 per cent of back.
2. **Uruguay:** 80 per cent of front, 80 per cent of back.
3. **Sri Lanka:** 80 per cent of front, 80 per cent of back.
4. **Canada:** 75 per cent of front, 75 per cent of back.
5. **Brunei:** 75 per cent of front, 75 per cent of back.

Canada was ranked fourth of 198 countries for their cigarette package warning labels by the Canadian Cancer Society. However, some say Canada should take an example from Australia and introduce even stricter regulations around tobacco packaging. TARA CAMPBELL/METRO

## The future of farming

As more and more young people choose careers in agriculture, a Farm Credit Canada loan program aims to give a helping hand PAGE 3

## Generally speaking

U.S. President Barack Obama says there is no evidence that classified information was disclosed in the country's CIA adultery scandal PAGE 4

## Man alive!

Modest, too: Magic Mike star Channing Tatum says his first thought was "Y'all are messing with me" when he got the news he'd been named People magazine's Sexiest Man Alive PAGE 9

# friends & family event

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# Loan program yields a younger crop of farmers

**Funding boost.**
Initiative gives young farmers up to $500,000 to buy and improve their farmland

ALYSSA MCDONALD
regina@metronews.ca

Budding farmers in Saskatchewan are ahead of the curve when it comes to investing in their future in farming through the Young Farmer Loan program.

"It's very difficult to get your own farm going from nothing without help … so the more help, the better," said Ledyn Ruf, 20, an agronomy student at the University of Saskatchewan.

Ruf is not quite ready to own his own land yet but farms with his father near Rhein, Sask. He says he wants to get into farming because he sees opportunity in it.

"Right now, everything is booming.... It's gonna drive more people to seek the opportunity to start farming and hopefully make money," said Ruf.

The Young Farmer Loan program, which is offered through Farm Credit Canada (FCC), gives farmers loans up to $500,000 to purchase and improve their farmland and infrastructure.

To be eligible for the program, farmers must be under 40 years old. The average age of a Saskatchewan producer is approximately 54.

Almost 40 per cent of the approved participants are from Saskatchewan, highlighting a trend some people are seeing in young producers choosing careers in agriculture.

"There is a good renewed interest in agriculture.... We wanted to create a program that explicitly favours the young farmer and maybe bring the average age of farming down as we add more and more young people to the industry," said Lyndon Carlson, senior vice-president of marketing for FCC.

According to Statistics Canada, Saskatchewan has 49,475 farm operators with only 4,375 of them under the age of 35.

**Quoted**

**"Right now, everything is booming ... It's gonna drive more people to seek the opportunity to start farming and hopefully make money."**
Budding farmer Ledyn Ruf

Ledyn Ruf plans to take over his family farm, pictured, near Rhein, Sask. CONTRIBUTED

**Prince Albert**

## Plane with 18 aboard makes emergency landing

A mechanical problem forced the pilot of a plane with 18 people aboard to make an emergency landing in Prince Albert.

Mining company Cameco says the plane was carrying mine workers from Cigar Lake Tuesday night when word surfaced about smoke in the cabin.

Police, firefighters and emergency medical crews responded as a precaution, but no one was hurt.

The passengers carried on to Saskatoon aboard another plane dispatched from Key Lake.

THE CANADIAN PRESS/CKBI

**Temporary job cuts**

## PotashCorp lays off workers in Sask., New Brunswick

PotashCorp is temporarily laying off workers at mines in Saskatchewan and New Brunswick because of a slump in demand.

The Saskatoon-based company says the Allan mine in Saskatchewan won't operate from Dec. 16 to Feb. 9.

The mine in Sussex, N.B., is also shutting down for eight weeks from Dec. 30 to Feb. 23.

PotashCorp said in October that it will shut its Lanigan and Rocanville mines in Saskatchewan for eight weeks, starting Nov. 18 and Dec. 7, respectively.

The fertilizer producer reported in October that its third-quarter profit fell 22 per cent from a year ago.

However, chief executive Bill Doyle said at the time that he expects demand to pick up next year.

THE CANADIAN PRESS

**Online**

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## It's almost like the Real Housewives

David Petraeus sent out signals he'd like to stay on for President Barack Obama's second term. But suddenly he was resigning over an extramarital affair. It's a scandal almost like the Real Housewives. Follow this cast of characters:

**David Petraeus**

A four-star general praised for his leadership in Iraq and Afghanistan. Became CIA chief in 2011. Shocked the U.S. by admitting an extramarital affair with Paula Broadwell.

**Paula Broadwell**

Author, married mom and Petraeus's biographer. Their affair was exposed after Broadwell sent emails to Jill Kelley, warning her to stay away from Petraeus, officials said.

**Jill Kelley**

Surgeon's wife, mom of three kids, friend of Petraeus and his wife, Holly. A party hostess and social liaison for leaders of the U.S. military's Central Command in Tampa.

**John Allen**

A four-star Marine general, a top U.S. commander in Afghanistan. Married. The Pentagon is investigating emails involving Allen and Kelley. Some were "flirtatious," say officials.

**The shirtless FBI man**

And then there's this unnamed character: the FBI agent to whom Kelley first took her complaint. He was a longtime friend. And he'd once sent her shirtless photos of himself, according to an official. He passed Kelley's information along to others for investigation.

# Four-star follies shock U.S.

**Sex scandal.** The Petraeus affair grows like a soap-opera plot but, says Obama, poses no security threat— yet

U.S. President Barack Obama made his first public comments Wednesday on the growing scandal around two top four-star generals.

Was national security threatened?

No, said a wary Obama.

"I have no evidence at this point that classified information was disclosed that in any way could have any impact on our national security.''

But he's reserving judgment on how the FBI has handled the investigation, which didn't reach his desk until after last week's election.

Meanwhile, the tangled tale that exposed one general's career-ending extramarital affair and another's questionable relationship with a Florida socialite was ballooning to soap-opera proportions. Four developments:

**One:** A U.S. official said the army has suspended the high security clearance of Paula Broadwell, the woman who had an affair with CIA director David Petraeus, triggering his resignation.

**Two:** With media camped at her home, a Florida socialite tied to the scandal asked police for diplomatic protection. Jill Kelley cited her status as honorary consul general for South Korea.

**Three:** Kelley's pass to MacDill Air Force Base has been suspended. Kelley now must report to the visitor centre and sign in.

**Four:** At least five current and former U.S. generals have been reprimanded or investigated for possible misconduct in the past two weeks, reports said.

THE ASSOCIATED PRESS

**Roadblock**

**Obama had hoped to use Wednesday's news conference, his first since his re-election, to build support for his economic proposals.**

- **Stymied.** Instead, the scandal threatens to derail his agenda and complicate planning during a critical time in the Afghanistan war effort.

U.S. President Barack Obama steps up to the podium at his Washington, D.C., news conference Wednesday. He said of the Petraeus sex scandal: "I have a lot of confidence generally in the FBI, and they have a difficult job. It's best right now to see how this process unfolds." CHARLES DHARAPAK/THE ASSOCIATED PRESS

**Too close**

### *Why a bio can lead to a love affair*

The love affair between David Petraeus and Paula Broadwell is an extreme example of the closeness between biographers and their subjects, experts say.

"As with psychiatrists, same with biographers, you shouldn't sleep with your subject," said Blake Bailey, biographer of authors John Cheever and Richard Yates.

Years spent together, as Broadwell had with Petraeus in Afghanistan, can make the biographer's experience intensely personal — sexual or not.

Doris Kearns Goodwin was an aide to Lyndon Johnson who sometimes took notes while the ex-president lay in her bed, a relationship she called platonic and described in her book Lyndon Johnson and the American Dream.

THE ASSOCIATED PRESS

# Border rock-throwers spark lethal force outrage

With the border fence looming above them, pedestrians cross a street in Nogales, Mexico, near the spot where a 16-year-old boy was killed by Border Patrol gunfire. The shooting sparked an outcry. ROSS D. FRANKLIN/THE ASSOCIATED PRESS

A pair of Mexican drug smugglers in camouflage pants, bundles of marijuana strapped to their backs, scaled a fence in the middle of the night, slipped quietly into the United States and dashed into the darkness.

U.S. Border Patrol agents and local police gave chase on foot — from bushes to behind homes, then back to the fence.

The conflict escalated. Authorities say they were being pelted with rocks.

One agent responded by aiming a gun into Mexico and firing multiple shots, killing a 16-year-old boy whose family says was in the wrong place at the wrong time.

The Oct. 10 shooting has prompted renewed outcry over the Border Patrol's use-of-force policies and angered human rights activists and Mexican officials who believe the incident has become part of a disturbing trend along the border — gunning down rock-throwers rather than using non-lethal weapons.

**Targets**

**The U.S. border patrol says sometimes lethal force is necessary.**

- **Danger.** It says its agents were assaulted with rocks 249 times in the 2012 fiscal year, causing injuries ranging from minor abrasions to major head contusions.

The Department of Homeland Security Office of the Inspector General has launched a probe of the agency's policies, the first such look at the tactics of an organization with 18,500 agents deployed to the Southwest region near the Mexican border alone.

The Mexican government has pleaded with the U.S. to change its ways.

And the UN High Commissioner for Human Rights has questioned the excessive use of force by Border Patrol.

At least 16 people have been killed by agents along the Mexico border since 2010, eight in cases where federal authorities said they were being attacked with rocks, said Vicki Gaubeca, director of the ACLU's Regional Center for Border Rights.

THE ASSOCIATED PRESS

# Government defends exclusion of Carol Todd at bullying summit

**Inspired by her daughter.** Mother of Amanda Todd said she only wanted to listen, watch and absorb the information

PHYLICIA TORREVILLAS
Metro in Vancouver

The B.C. government is defending its decision to leave out Carol Todd from an anti-bullying summit that was inspired by her daughter Amanda's tragic death.

Education Minister Don McRae told reporters Wednesday that two experts on bullying and anti-bullying response — Theresa Campbell and Kevin Cameron — expressed concern that Todd's presence could pose risks for the students or young adults.

"They expressed concern that if Mrs. Todd were to attend with the young people that the risk for unintended consequence was there," he said.

Amanda Todd FACEBOOK

Cameron, the executive director of the Canadian Center for Threat Assessment and Trauma Response, said they wanted a lower-anxiety forum focused on bullying and not on trauma.

He also advised the ministry to meet Todd beforehand to discuss the issues that her presence could have both for her and the young participants.

"It was an understanding from prior experience with high-profile traumas that I have dealt with, many parents want to be present, feel they can, and in the end ... they wished they had never said yes because they weren't able to manage their emotion and it was too soon after the traumatic incident."

The ERASE bullying summit was held Tuesday and gathered more than 100 students, educators and experts to talk about ways to combat bullying.

ERASE

**"If you're going to mention my daughter's name, then I would think it would've been nice if the parents were invited."**

Carol Todd, whose daughter Amanda took her own life early last month

Privacy violations

## Ombudsman took a back seat on issue: Veterans

The country's veterans ombudsman received nine privacy violation complaints over the last five years, seven of which were handed over to Canada's privacy commissioner — a move questioned by a growing number of ex-soldiers.

A high-profile advocate, who claims his medical files were raided, wants the federal solicitor general to investigate whether it was appropriate for ombudsman Guy Parent to "take a back seat" on the issue.

THE CANADIAN PRESS

'Intelligence source'

## PCO spent $463k monitoring ethnic media

Citizenship and Immigration Canada isn't the only department spending thousands of dollars keeping an eye on the country's ethnic media. The Privy Council Office spent $463,300 last January on a two-year contract with the same ethnic media monitoring company that Citizenship has paid almost $750,000 to over the past three years.

THE CANADIAN PRESS

## Liberal race. Ex-MP Martha Hall Findlay seeks federal leadership ... again

The federal Liberal leadership race has another high-profile candidate.

Former MP Martha Hall Findlay, who also sought the party's top job in 2006, came forward Wednesday on the first official day of the leadership campaign.

"In 2006, there were some who questioned my run for leadership. But soon most were calling it gutsy. Before long, people were coming up to me all the time to say how much I inspired them," Hall Findlay said as she made her announcement in Calgary.

"We need to take on (NDP Leader) Thomas Mulcair right where it counts and where he's the weakest — the economy. We need to take on (Prime Minister) Stephen Harper, take the fight to him, not just wait and react defensively to the next round of attack ads."

Hall Findlay joins Justin Trudeau, who announced his candidacy six weeks ago, and four others.

They include Toronto lawyer Deborah Coyne, Vancouver Crown prosecutor Alex Burton, Ottawa lawyer David Bertschi and David Merner, former president of the party's British Columbia wing. The Liberals are to choose a new leader in April. THE CANADIAN PRESS

Martha Hall Findlay announces that she will be a candidate in the federal Liberal leadership race during a press conference in Calgary on Wednesday. LARRY MACDOUGAL/THE CANADIAN PRESS

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Home improvement

## Shareholder battles for control of Rona's board

A battle for control of home renovation company Rona was formally launched Wednesday after the company's second-largest institutional shareholder said it was seeking to sweep out the existing board and install new directors.

Invesco Canada, which owns about one-tenth of Rona Inc. shares, issued the call for change after the chain reported dismal financial results last week and its long-time chief executive resigned.

THE CANADIAN PRESS

Auto industry

## Lamborghini mulls SUV launch

Lamborghini CEO Stephan Winkelmann says the automaker will decide in coming months whether to join other luxury brands and expand into all-terrain sports utility vehicles. The firm must consider the impact of higher SUV volumes on its facilities, he says.

THE ASSOCIATED PRESS

# Hollinger. Former exec reaches plea agreement with OSC

Conrad Black's former business partner David Radler has been barred from acting as an officer or director of a public company in Ontario for his role in the fraud at Hollinger newspaper group, but has escaped financial penalty.

The plea agreement approved Wednesday saw the Ontario Securities Commission withdraw all charges against Radler.

Radler, who lives in Vancouver and oversees a privately held newspaper group, was not present at the 15-minute hearing in downtown Toronto.

"Mr. Radler is moving on with his life," said his lawyer, David J. Martin.

The ban is indefinite, although Radler can apply to have it reviewed at any time.

OSC Commissioner Christopher Portner said he was "satisfied" with the joint-agreement and that it kept in line with the regulator's mandate of protecting Ontario's capital markets.

Radler is also prohibited from becoming a registrant, employee, director or officer of a registrant or an affiliated public company in Ontario. He must also refrain from directly or indirectly trading or acquiring securities related to Hollinger Inc.

Wednesday's deal is related to charges originally filed in March 2005 against Radler, Black, and Hollinger Inc., which at one time controlled a newspaper empire that operated in Canada, the United States, Britain and elsewhere.

THE CANADIAN PRESS

**Market Minute**

**DOLLAR** 99.62¢ (-0.19¢)

**TSX** 11,929.79 (-204.87)

**OIL** $86.32 US (+94¢)

**GOLD** $1,730.10 US (+$5.30)

**Natural gas:** $3.76 US (+2.1¢)
**Dow Jones:** 12,570.95 (-185.23)

## Canadians' summer spending spree

**Did the warm weather loosen our collective purse strings? According to a report released Wednesday, Canadian debt loads grew at their fastest pace in two years during the summer — an alarming rate, given that officials continue to warn consumers that household spending is out of control. Credit reporting agency TransUnion's latest quarterly analysis of Canadian credit trends found average consumer non-mortgage debt jumped 4.6 per cent year-over-year in the third quarter to an average of $26,768.** GETTY IMAGES FILE

Nexen deal

## Prentice calls for clarity on state-owned investment

Former Conservative cabinet minister Jim Prentice says strict rules on governance and investment transparency are needed if state-owned enterprises are allowed to move into Canada, but that the country cannot afford to turn its back on such opportunities.

In a speech to the Oil and Money 2012 conference in London, Prentice said current turbulence over investments by state-owned enterprises in Canada may have caught some in the international community by surprise.

However, Prentice, now a senior executive with Canada Imperial Bank of Commerce, said the controversy has been building for years. It recently came to a head with a couple of major takeover deals — including the $15.2-billion bid by state-owned China National Overseas Oil Corp for Nexen Inc.

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# A PENCHANT FOR CATS

HE SAYS...
John Mazerolle
metronews.ca

I have a deep, dark secret to reveal, as difficult to cough up as a hairball: I like house cats.

In this world of chronic cat-snugglers and billionaire Instagram founders, that might not seem like a source of shame. But embracing kitties goes against all my instincts; it's as off-putting to me as stroking a tabby in the wrong direction.

I've always said I hate cats. Even my Twitter bio says so, and if you can't trust Twitter (the microblog of record) what can you trust?

But as I age my kitty-rage is abating, purr by purr.

My frosty feelings toward felines have been perfectly valid, of course. It's well documented that cats care more about themselves than us, and I haven't dealt well with that constant level of rejection.

If there was a Lassie/Littlest Hobo-type show called The Wandering Cat, he'd just come across a person trapped in a burning car or a kid stuck down a well every week, then chuckle to himself and move on.

Like most humans, I require more validation than cats can offer. If you ever needed an argument against the religious belief that everything on Earth is here for the benefit of man, look no further than Mr. Cat. We've clearly been put here for him. God is a cat.

And an Old Testament God at that: Make no mistake, kitties are killers. Everything they do — the constant cleaning, the claw maintenance, the yarn-based, paw-hand co-ordination training — all done to make them the most efficient instrument of slaughter possible. I can only assume their instinct to lay on keyboards comes from a long history of sending bird and mice families letters of condolence.

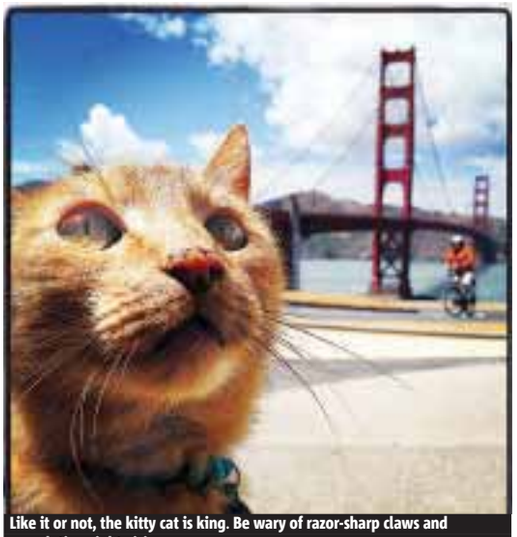
And, fair or not, I've always compared felines to dogs, whose whole purpose on Earth is to a) make clear how incredibly excited they are to know you and b) lick their nether regions with vigour. This probably also had hunting purposes once, but now it's pretty clear the dogs just enjoy crotch cleaning. I can get behind this.

I never gave cats a fair shake, because animal-rights groups say you shouldn't do that. But decades of nuzzles and leg rubs and purrs have reached me, I guess.

I still don't like aggressive cats — Siamese are clearly Satan-Cats — but I don't judge dogs based on pit bulls or humans based on the guy in the bank line picking his nose, so fair's fair.

There was never a Special Moment that put cats in my good books. It just happened, after years of surreptitious scratches behind the ear. It had always irked me that cats want to be in control, but I've decided to let them if it works out in the end.

I've learned to be the bigger pussy. It's what The Wandering Cat has taught me.



Like it or not, the kitty cat is king. Be wary of razor-sharp claws and superlative night vision. JUSTIN SULLIVAN/GETTY IMAGES

# Black eye in the night sky

TOURISM QUEENSLAND/THE ASSOCIATED PRESS

**Watch the skies**

## Lights out in Australia

Australia's first total solar eclipse in more than a decade was visible Wednesday. The spectacular event was watched by enthusiastic crowds, with more than 50,000 flocking to Queensland, the site of the best views.

The eclipse cast a 150-kilometre shadow over northern Australia, spreading darkness over the region, lasting over two minutes. METRO

**No. 1 eclipse fan**

**"I was thinking, 'Are we gonna see this?' And we just had a fantastic display, it was just beautiful."**

**Terry Cuttle of the Astronomical Association of Queensland**
Cuttle is the most prominent local eclipse enthusiast. He has witnessed more than 10 of these events.

**One more left**

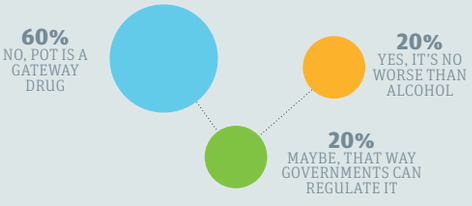
**This was the third of four eclipses in 2012, down from six in 2011.**

- **May 20 – Annular solar eclipse.** The moon partly covered the sun for more than three hours on a path visible from China, Japan and parts of North America.
- **June 4 – Partial lunar eclipse.** Moon partly hidden and turned red by reflected sunlight. The best views were in Western Canada.
- **Nov. 14 – Total solar eclipse.** Travelled back to Nov. 13 as it finished close to the coast of South America. Lasted up to four minutes.
- **Nov. 28 – Penumbral lunar eclipse.** The last eclipse will see the moon partly hidden by shadow and tinged red. Australia, East Asia and Hawaii will have the best viewing positions.

Metropolitan Panel

**Register at metropolitanpanel.ca and take the quick poll**

## Should Canada follow some U.S. states in legalizing marijuana?




**Twitter**

**@SKCDP:**
My fingers and toes are now in alternating states of freezing and thawing. Oh winter, how painful you are to chronically cold me. #Sask #yqr

**@R_Bagg6:**
To answer the rumours and question that I am going to retire, no I am not. My teammates and family believe in me and I am not ready to quit.

**@KathleenEvenson:**
Dear #yqr - Please turn on the arcola to ring road turning light. My period 1 students and I thank you. #badcommutemeansbadmood

**@LandonGendur:**
Going donate some of my childhood toys to a local school or daycare. I feel like sending out some good karma and making someone's day today.

metro

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SCENE 2

# Will you be frightened by what awaits on The Other Side?

**New paranormal show.** Thirteen-part series aiming to uncover proof of spirits at haunted locations in western Canada

BACKSTAGE PASS
Simon Hiatt
saskatoon@metronews.ca

It's a fairly nondescript bungalow located on the west side of Saskatoon, hardly the kind of place that one would associate with a scary movie or TV show.

"People seem to think you need to have a really old creepy building to be haunted and it's not the case," says paranormal researcher Bill Connelly. "Whether you have a house built in 1912 or 2012, you're going to have spiritual activity taking place."

Connelly is part of the team behind The Other Side, a 13-part documentary series produced by Angel Entertainment that sets out to uncover the truth behind reportedly haunted locations in western Canada.

He has spent the past 20 years investigating claims of paranormal activity and says hauntings have far more to do with the beings inside the building than the structures themselves. His goal is to help the residents, both the living and those that remain in spirit form.

"We like to choose stories that are personal, where there's a family involved that's in distress. I would personally rather do an investigation in a home, like where we are tonight, where it can help a family than in an old farmhouse where it really doesn't matter."

**Spectres of Saskatchewan**

Who knew our province was such a spooky place? In addition to filming at The Atlas Coal Mines in Drumheller, Alta., The Other Side visited several local haunts:

- The Regina College Building
- The Kerrobert Courthouse
- The Moosehead Inn in Kenosee
- The Milman House in North Battleford
- The Duck Lake Hotel
- The Bekevar Church in Kipling
- Saskatoon's Western

Connelly says his role on the show is to rule out all possible natural explanations before turning to the supernatural. To do this, he uses a variety of technical equipment that measures electromagnetic activity, heat and radio frequencies.

"The theory is that spirits can communicate with us using their electromagnetic field…"

Interestingly, at this exact moment during his interview, a small stack of equipment next to Connelly fell over. But he demonstrated his skeptical nature by chalking it up to coincidence and gravity.

While troublesome spirits at this location may have a flair for the dramatic, the forces behind the television show take a more subdued approach. The Other Side team includes an Aboriginal elder and relies heavily on First Nations teachings and beliefs.

"We're approaching every case with heart and soul and through that cultural lens, so it's really different from what viewers have seen in other paranormal shows," said Jeff Richards, a mentalist who appears on the show.

But he adds that doesn't mean viewers won't be spooked by what they see when The Other Side airs starting in October of 2013 on APTN and Vision TV.

"We have probably captured some of the best vocal evidence and footage of any of the ghost hunting shows you see out there," added Richards. "We've been floored by the evidence we've captured."

Paranormal researcher Bill Connelly and some of the special equipment he uses on The Other Side to sense if spirits are present. HANDOUT

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Brad Pitt and Angelina Jolie

## Pitt and Jolie shut down restaurant for their kids

Brad Pitt and Angelina Jolie know how to show their kids a good time when they visit Pitt's parents and it involves letting them run wild at local restaurant Arris' Pizza, according to Us Weekly. "

The place shuts down for the entire night and the kids raise a ruckus. They jump on tables and even throw food at each other," a source says, adding that Pitt and Jolie like to leave the nannies at home and "let the kids enjoy themselves" for the evening. "Brad and Angelina just sit there and talk to one another while the children run around in circles."

Channing Tatum

## Tatum named sexiest man alive

Channing Tatum is having a great year, and it just got better.

The Magic Mike star has been named People magazine's Sexiest Man Alive.

Not that Tatum himself necessarily believed it when he got the news, though.

"My first thought was, 'Y'all are messing with me,'" he says. "I told (wife) Jenna (Dewan-Tatum) after we'd been in the bathtub washing our dogs because they'd gotten skunked."

And as for the physique that helped land him the title, Tatum says it's a work-related benefit.

"When I'm not training, I get really round and soft," he admits of his famous cut look.

**Twitter**

**@TheEllenShow**
The guys from @OneDirection told me what they're looking for in a girlfriend. I had 5,000 applicants ready.

**@ChristianSlate4**
I'm just quietly living my life. Watching the roomba suck up all the cat hair.

**@oliviawilde**
Note: don't over-indulge at the Meatball Shop just so you can ask the waiter how he likes his balls eaten.

**@ConanOBrien**
Fall is in the air. No wait, that's car exhaust. Still, it's a more autumnal-smelling car exhaust.

**The Word**

## *Elmo puppeteer cleared of accusations*

The 23-year-old man who claimed he was only 16 when he had a sexual relationship with Elmo puppeteer Kevin Clash has recanted his claim, according to the Los Angeles Times.

The unidentified accuser "wants it to be known that his sexual relationship with Mr. Clash was an adult consensual relationship," a statement from his attorney reads.

Clash had taken a leave of absence from Sesame Street when the allegations made headlines earlier this week.

"I am relieved that this painful allegation has been put to rest," Clash says in a statement. "I will not discuss it further."

The same goes for Sesame Workshop, the company behind the long-running children's show.

"We are pleased that this matter has been brought to a close. We are happy that Kevin can move on from this unfortunate episode," the company's statement reads.

Donald Trump. ALL GETTY IMAGES

## Donald Trump continues to address the big issues

Offering his thoughts on the presidential election — and how the U.S. is in need of a "revolution" — isn't apparently enough for Donald Trump, who's now using his Twitter account to weigh in on other weighty matters. For instance, when it comes to Twilight co-stars Robert Pattinson and Kristen Stewart and their recent reconciliation, Trump apparently has little faith in Stewart's fidelity.

"After Friday's Twilight release, I hope Robert Pattinson will not be seen in public with Kristen," Trump wrote. "She will cheat on him again!"

The tweet immediately drew the ire of the Twilight fan base, so Trump next took his case directly to Pattinson, with a tweet.

"Robert, I'm getting a lot of heat for saying you should dump Kristen — but I'm right. If you saw the Miss Universe girls you would reconsider."

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Left to right: A wine-soaked pout from Chanel's new holiday campaign, Rihanna's must-copy dramatic lip at Victoria's Secret and burgundy looks nailed by Naomie Harris and Sara Blomqvist.

# Burgundy boom

**Beauty.** Shades of Merlot and oxblood are a runway-endorsed beauty trend. But it was Rihanna's recent performance at the Victoria's Secret show that has us really craving a dark lip.

ROMINA MCGUINNESS
life@metronews.ca

## Choose the shade to best flatter your skin tone

This bit of advice will keep you from looking like a washed out Goth. "If you have very light skin, avoid a dark burgundy. It's too heavy on the face," says makeup guru Tanya Burr, who is most known for her YouTube tutorials on how to re-create celebrity looks.

"People with olive complexions can pull off darker shades because it won't be such a shock against the skin. And for dark skin, vibrant shades of burgundy, such as MAC's lipstick in Rebel, are most flattering," she adds.

## Avoid textures that are too matte or too glossy

It's not just the shade of burgundy you need to get right, but the texture. "Completely matte, dark lipsticks look too heavy," Burr says. "And ones that are too glossy are really hard to work with because they end up all over your teeth." Go for a satin, creamy finish for the best results.

## Balance a heavy lip with a subtle, smoky eye

Balance is the operative word here. "Because burgundy lips are so heavy, you don't want to go full-on, applying lots of dark eye makeup," Burr says. "On the other hand, I wouldn't wear a naked eye either because otherwise the eyes and the lips will be really unbalanced. Don't think, 'I'll just put on mascara.' You'll have no definition on the eyes and be all lip," she adds. Instead, she recommends trying a subtle, soft brown smoky eye as a way to round out the drama of the lip.

## Shades of red

**Chanel**
Rouge Allure Luminous Intense Lip Colour in 108 Déterminée
$34, chanel.com

**Revlon**
Super Lustrous Lipstick in Black Cherry,
$8, revlon.com

**MAC**
Lipstick in Rebel,
$15, maccosmetics.com

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# Need a chandelier? Here are the rules

**I would like to hang a chandelier in my 13-by-16-foot dining room. I have 12-foot ceilings and am wondering what style would be best and how high to hang it.**
**-Emily, Calgary**

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

A chandelier should look like it belongs to the style of your house, not just like it blends with a trendy decor scheme.

**Style?**
Consider the architectural style of your home — is it modern or traditional? For instance, a boxy modern condo or an arts and crafts style home would have a streamlined chandelier, whereas a cottage-inspired or Victorian home would have a traditional-style fixture.

I like to think of the chandelier in the same category as the style of door knobs and hardware that are chosen for the house. If you were to move, those items would be left with the house.

**How high?**
The height your chandelier is hung relates to the table it is hung over, not the height of the ceiling.

The bottom of the chandelier should be hung 30-40 inches from the top of the table; hang it 30 inches if you have regular eight foot ceilings and up to 40 inches above the table if you have extra high ceilings. For 12 foot ceilings (as in your home) the bottom of the chandelier should be about 36-38 inches above the table.

**Size?**
For rooms with really high ceilings, consider buying a tall-shaped chandelier to help fill up some of the extra height.

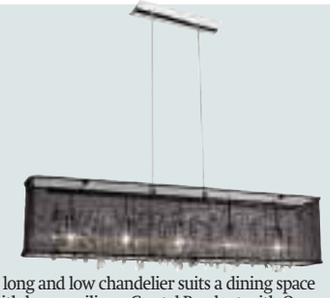
In a low-ceiling area, choose a horizontal shape to suit the low space. The diameter of the chandelier should relate to the size of the room — for each foot of the room's width, the chandelier gets two inches of diameter. For instance, your dining room is 13 feet wide, therefore a 26 inch diameter (13-by-two feet) would be perfect.

**Designer ideas**

- Adding a decorative moulding medallion to the ceiling will add some visual interest up high. Paint the medallion a similar colour to the chandelier's chain (usually gold, silver or bronze).
- A dimmer switch will allow you to create an intimate setting when dining.
- Choose energy-efficient chandelier bulbs to save moving the table to change the bulbs each year.
- The finish of your chandelier should match the other hardware items like door handles, hinges and light switches in the room.

Choose a chandelier that suits the architectural style of your home. 1920's Odeon Glass Fringe Chandelier, $3,000, restorationhardware.com.

A tall-shaped chandelier will help fill up a dining space that has tall ceilings. Winston Chandelier, $430, crateandbarrel.com.

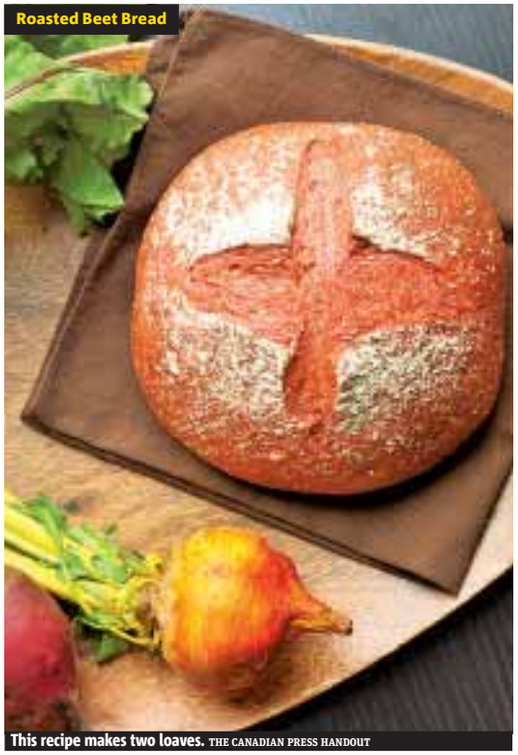


A long and low chandelier suits a dining space with lower ceilings. Crystal Pendant with Organza Shade, $800, sears.ca.

Save money and effort with LED bulbs, which save up to 80 per cent energy and can last up to 15 years. Philips DecorLED Dimmable Chandelier Bulb, $16, homedepot.ca.

# Upgrade your panini sandwich with unique Roasted Beet Bread

**Roasted Beet Bread**



This recipe makes two loaves. THE CANADIAN PRESS HANDOUT

**Ingredients**

**Night before**
- 250 ml (1 cup) bread flour
- 1 ml (1/4 tsp) instant yeast
- 250 ml (1 cup) lukewarm water

**Day of**
- 250 ml (1 cup) pureed roasted beets plus any juice
- 125 ml (1/2 cup) stone-ground whole-wheat flour, plus extra for sprinkling
- 3 ml (3/4 tsp) instant yeast
- 15 ml (1 tbsp) chopped thyme
- 8 ml (1 3/4 tsp) salt
- 675 ml (2 3/4 cups) bread flour (approx)
- Olive oil
- Cornmeal

**Night Before**

**1.** In a large bowl, combine these ingredients and mix with a wooden spoon. Cover with plastic wrap and let sit on the counter for 12 to 16 hours.

**Day Of**

**1.** To "night before" mixture, add pureed beets and any juice, whole-wheat flour and instant yeast. Mix with a wooden spoon till smooth. Let sit, uncovered, 10 minutes. Add thyme and salt, mix until smooth.

**2.** Start to add bread flour. Once it becomes too hard to mix in the bowl, turn dough onto a flat surface and knead for 10 minutes. This will be a sticky dough, so be careful not to add too much flour. Add just enough to prevent dough from really sticking to your fingers when kneading.

**3.** Add a little olive oil to a clean large bowl. Place dough in bowl and turn over a few times to very lightly coat all sides of the dough with oil. Cover with plastic wrap. Let dough rise for 1 1/2 hours or till double in bulk. Turn onto a flat surface. Cut dough in half and mould each half into desired shape.

**4.** Place shaped dough on a piece of parchment paper sprinkled with cornmeal. Spray tops with a little oil spray and cover with plastic wrap for 1 hour or till double in bulk.

**5.** Heat oven to 200 C (400 F) and place baking stone on centre rack. Place a cast-iron skillet (filled with lava rocks if you have them) on oven floor or on lowest rack. When loaves have doubled, sprinkle with a little whole-wheat flour and slash an X on top of each.

**6.** Place in hot oven directly on baking stone. Pour about 250 ml (1 cup) boiling water into hot skillet and close oven door.

**7.** Bake 35 minutes or until loaves sound hollow when tapped on bottom.

THE CANADIAN PRESS/ THEKNEADFORBREAD.COM

**Cookbook of the Week**

## Everything you knead to know

Jane Mason's All You Knead is Bread aims to inspire readers to start baking by explaining techniques, demystifying the process with step-by-step photos and presenting a huge variety of breads. Among the 50 recipes in the book breads such as pita, soda bread, cinnamon buns, cheese rolls, rye bread and more. These global flavours will go with every meal and can be served as snacks and desserts as well. METRO

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# HARD-CHARGING RAM

## BASE PRICES (INCL. DESTINATION)

**RAM 1500: FULL-SIZE PICKUP: $28,500**
**RAM HD: FULL-SIZE HEAVY-DUTY ONE- AND THREE-QUARTER PICKUPS: $32,000**

If fuel economy, or lack thereof, killed the mid-sized Dakota, the Ram Boys aren't about to let that happen to the Ram 1500.

Its one big weak spot, fuel consumption, has been rectified for 2013 with Chrysler's ever-popular 3.6-litre V6 that bumps the ancient 3.7-litre V6 out of the engine bay. Horsepower climbs 42 per cent to 305 from 215 and fuel performance similarly improves to 11.4 l/100 km city and 7.8 highway, compared to 15.0/10.0. That's a huge difference.

The Ram also gets a new eight-speed automatic transmission that will also be attached to the 395-horsepower, 5.7-litre "Hemi" V8. This engine shut down four of its eight cylinders when not needed, such as at under light-load conditions or when headed downhill. A dash-mounted rotary shifter replaces the traditional column and console shifter. Returning is the 4.7-litre V8 rated at 310 horsepower. It's linked to a six-speed automatic.

For 2013, Rams get further fuel-reduction assistance including stop-start technology that turns off the engine at rest, then instantly fires it up again once the brake pedal is released. Electric power steering cuts parasitic power losses. Subtle aerodynamic body improvements and active grille shutters help, too. Optional is an air suspension with load levelling and five height settings, one of which drops the body at highway speeds by 1.5 centimetres to cut the wind a bit better. Finally, a new thermal management system is designed to quickly get the Ram's crankcase oil and other fluids up to operational temperatures, which assists in conserving gas.

The Ram 2500 and 3500 series pickups have upped the stakes with the optional Cummins turbo-diesel that's available in bad, badder and baddest grades for 2013. The tamest of the 6.7-litre inline six-cylinder powerplants is rated at 350 horsepower and 660 pound-feet of torque, while the intermediate version pushes those numbers up to 370 horsepower and 800 pound-feet. For maximum thrust and grunt, the 385-horse unit lays down a mind-numbing 850 pound-feet of torque.

The Cummins can be matched to a six-speed manual transmission (the only shift-it-yourself in its class), or a six-speed automatic. The result is a truck that can haul and tow an inordinate amount of whatever you have; up to 7,730 kilograms of trailer weight and up to 820 kilograms of tongue weight using a conventional Class V hitch. *– wheelbasemedia.com*

# BEAUTIFUL ROLLING SCULPTURE

## HYUNDAI SANTA FE

Hyundai Santa Fe

Some of the hottest styling comes from the sketch pads at Hyundai. Just look at the new Santa Fe. Hyundai has gone from building cars that people on a budget had to buy, to beautiful rolling sculpture that you just have to buy.

The Santa Fe wagon is available in five- and seven-passenger sizes. The shorter-wheelbase five-passenger Santa Fe Sport arrives first, followed by the longer (by 22 centimetres) seven-passenger Santa Fe in early calendar 2013. The bigger Santa Fe is heftier than the Sport by more than 150 kilograms, which explains why it's only available with a 290-horsepower, 3.3-litre V6 that replaces the previously optional 274-horsepower, 3.5-litre V6.

Conversely, the Sport comes with a base 190-horsepower, 2.4-litre four-cylinder, or optional 264-horsepower 2.0-litre turbocharged four-cylinder. In all cases the only transmission is a six-speed automatic with manual shift controls.

Hyundai will let you add its latest all-wheel-drive setup with any Santa Fe you select. The system includes Torque Vectoring Corner Control (TVCC) that monitors driving conditions and can instantaneously direct the correct amount of power or braking force to any single wheel.

TVCC assists in slippery conditions and provides added precision when negotiating turns.

## BASE PRICES (INCL. DESTINATION)

**SANTA FE: COMPACT SUV; $28,250**
**TUCSON: COMPACT SUV, $21,750**

The Santa Fe features plenty of standard content plus unexpected treats, including Driver Selectable Steering Mode with Normal, Comfort (reduces steering effort by 10 per cent) and Sport (increases effort by the same amount) settings.

Turbo models add performance suspension components (stiffer shocks and stabilizer bars), 19-inch wheels (17s are standard), fancier gauge cluster, push-button start and heated front seats.

*– wheelbasemedia.com*

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SPORTS 4

# COC president sees 'golden future' with $100M injection

**Funding.** Aubut says corporate money will be used for both summer and winter events

The Canadian Olympic Committee will be almost doubling its financial support for Olympic sports over the next four years with an injection of about $100 million, president Marcel Aubut said Wednesday.

Ottawa has also promised to keep its funding for Olympic sport intact, he said.

"This money ... coming from the (federal) government ... plus the $100 million, will guarantee a bright and golden future for Canadian Olympic athletes," he said on a conference call that included presidents of some of the national sports federations.

Aubut says the COC spent somewhere just over $50 million over the last four years, with almost all of it coming from corporate donors, and is only able to increase that amount because of their support.

"This announcement would not be possible without the unbelievable support of Canada's corporate community," he said.

The $100 million will go to support both summer and winter events as well as to prepare for the 2015 Pan American Games in Toronto.

It represents an injection of close to $50 million in new money, Aubut said.

When pressed for more information on where the new money is coming from, Aubut pointed to the extended sponsorship agreements already announced this year.

"We have already announced huge agreements with the Hudson's Bay Co., with Royal Bank of Canada RBC, with Suncor, with General Mills, with Bell Canada, with Air Canada."

Aubut said there are more deals to come before Christmas and some next year. But he provided only broad strokes to describe where the money will go. THE CANADIAN PRESS

**Quoted**

**"I think, after Vancouver, we know now that it's OK to participate but it's a very good feeling to win and to be part of the top countries in the world."**

**Marie-Claire Rouleau,** president of Speed Skating Canada

## St-Pierre, Condit play nice at pre-fight press conference

**Georges St-Pierre, left, and Carlos Condit pose for photographs in Montreal on Wednesday. The two rivals sat on stage flanked by their championship belts, but fans hoping for fireworks will have to wait for Saturday night in the cage as the two welterweights tried to kill each other with kindness at the UFC 154 news conference. The bookmakers have Montreal's St-Pierre as a 3-1 favourite in his first fight after missing months with a knee injury.** GRAHAM HUGHES/THE CANADIAN PRESS

## WHL. Pats add blue-line depth with Theriau signing

The Regina Pats have picked up defenceman Alex Theriau.

The 20-year-old was released by the Medicine Hat Tigers after an injury delayed the start of his season.

The six-foot-one, 190-pound fourth-round Dallas Stars draft pick is in his fifth season in the WHL. He has spent time with the Tigers, Lethbridge Hurricanes and Everett Silvertips. In 251 games, Theriau has nine goals and 53 assists and is a career plus-13.

The Duncan, B.C., native will make his first appearance with the Pats on Friday night in Vancouver against the Giants. METRO

**New Pats defender Alex Theriau was a fourth-round pick by the Dallas Stars in 2010.** GETTY IMAGES FILE

CFL

## Alouettes' Hebert makes light of practice injury

Safety Kyries Hebert insists it was a bug bite and not a left-ankle sprain that caused him to limp off the field at Montreal Alouettes practice on Wednesday.

He was joking, but the team hopes the injury is not serious and that he will be able to play in the East Division final against the Toronto Argonauts on Sunday.

"I'm OK. I think an ant bit me," Hebert said. "I'm going to get some Neosporin and get the bump down." THE CANADIAN PRESS

## CFL. Stamps' Lewis fined for latest Twitter rant

Calgary Stampeders running back Nik Lewis has a reputation for stirring the pot.

Both his football team and the Canadian Football League say he crossed the line with his comment on Twitter.

The CFL fined Lewis an undisclosed amount Wednesday for violating the league's social-media policy.

On Monday, Lewis tweeted: "I just bought OJ's gloves on eBay. Now all I need is a white girl named Nicole." He added the hashtag #MaybeALittleToFar.

The reference was to the 1995 murder trial of O.J. Simpson.

**Quoted**

**"This organization is not proud of what occurred."**

**Calgary coach and general manager John Hufnagel,** who told Lewis and the rest of the Stampeders not to tweet until the CFL season is over.

Simpson was acquitted in the murder of Nicole Brown Simpson and Ronald Goldman, but he lost a civil-court case against him for their wrongful deaths.

The Stampeders head to Vancouver this week to face the B.C. Lions in Sunday's West final. THE CANADIAN PRESS

## Horoscopes

### ♈ Aries
**March 21 - April 20**
If you allow yourself to get angry, it will distort your judgment and you will make a mistake. Then you'll be angrier than before. Remember: There is a reason for everything that happens in life, even the "bad" things.

### ♉ Taurus
**April 21 - May 21**
It may seem as if someone you have feelings for is trying to avoid you, but most likely it is your imagination playing tricks. Give them the space they seem to need, and soon they'll be back at your side.

### ♊ Gemini
**May 22 - June 21**
The more others try to push you in directions you don't want to go, the more you must resist. Also, be careful when exerting yourself physically. The Sun in the wellbeing area of your chart warns you to put your health first.

### ♋ Cancer
**June 22 - July 23**
You have been too soft with someone who has been taking liberties and now you must go to the other extreme and come down on them hard. If you let things continue as they are, chaos will be the result.

### ♌ Leo
**July 24 - Aug. 23**
You sense that something big is about to happen, something that will change your life for the better. As usual, your instincts are spot on. So, keep your eyes and ears open and be ready to act.

### ♍ Virgo
**Aug. 24 - Sept. 23**
You seem to have rather a lot to say for yourself at the moment, and that's fine. But watch out that you don't say too much over the next 24 hours or you could find you have given up your advantage. Knowledge is power.

### ♎ Libra
**Sept. 24 - Oct. 23**
It may seem as if you are losing something valuable, and maybe you are, but there is no point worrying about it. The planets indicate what you have to give up now will be replaced by something much better very soon.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
You will be under a lot of pressure today and tomorrow as several issues come to a head at the same time. You will find ways to stay on top of them but schedule yourself a restful weekend. You'll need it!

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
For some reason, you are worked up about something that, nine times out of ten, would not worry you. Remind yourself it is of no great importance. In a matter of hours, it will be forgotten.

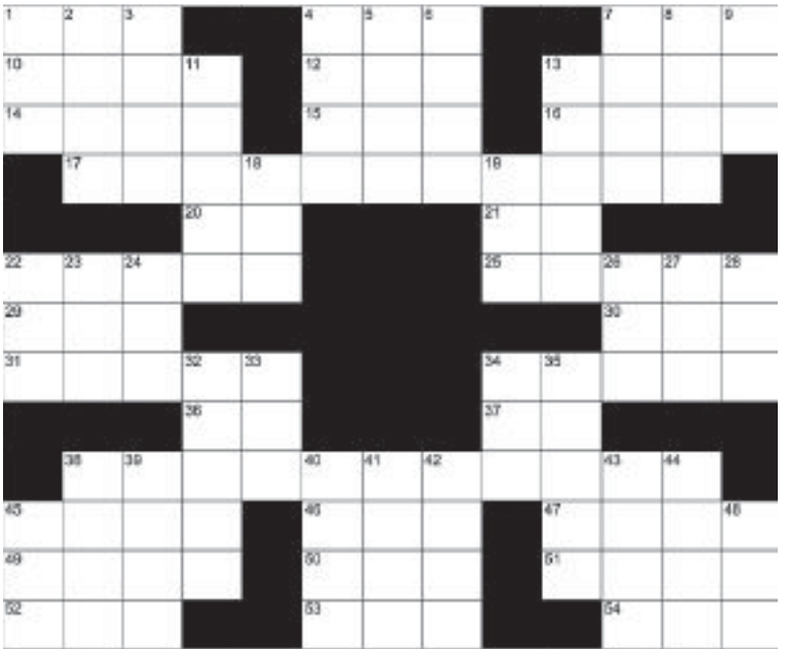
### ♑ Capricorn
**Dec. 22 - Jan. 20**
Steer clear of a friend's personal affairs today. The planets warn that if you allow yourself to get involved, you will find it almost impossible to get out again. And you'll end up getting most of the blame.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
If your reputation is important to you then you will have to defend it today. It seems that someone is determined to undermine your authority and you cannot afford to let that happen. Take the battle to them.

### ♓ Pisces
**Feb. 20 - March 20**
You may think you can get away with anything at the moment but Saturn, the great taskmaster of the zodiac, says otherwise. Think things through carefully before you act and, if in doubt, don't act at all. SALLY BROMPTON

## Canadian Crossword

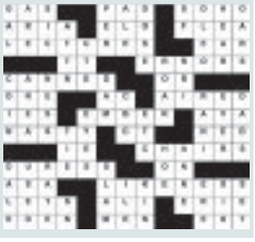
BY BETTY MARTIN



### Across
1. Roseanne's hubby
4. Cooking utensil
7. Healthy
10. The Bold —
12. Pitcher's stat.
13. Family group
14. Break in two
15. Salt (Fr.)
16. Rave's partner
17. Noblemen
20. Deal or – Deal
21. Bible pt.
22. Mended a skirt
25. Dogma
29. Past due
30. Island (Fr.)
31. Bad neighbourhood
34. That Don't Impress Me Much! singer
36. Model Railroad gauge
37. Midwestern state
38. Helmut wearing transports
45. Bird of peace
46. Schnozz ending
47. After midnight
49. — to Avonlea
50. Days of — Lives
51. Nova
52. Fashion designer (abbr.)
53. Mad —
54. Avenues

### Down
1. — and don'ts
2. Siam woman
3. Close by
4. Fly or hornet
5. Chocolate layer cookie
6. Bath powder
7. Level
8. Ziering and McShane
9. Dynamite (abbr.)
11. Quill
13. Large wooden box
18. Grass
19. Go bad
22. Distress signal
23. Farmyard animal
24. Tiny
26. Actress Vardalos
27. Ed role for Daryl Mitchell
28. Countdown number
32. Adored
33. Greeting: — hoo
34. Spasm
35. Room dividers
38. Cows comments
39. Egg shape
40. — 222
41. Popular board game
42. Kitten's plaything
43. Food networks, Good —
44. Immediately, in the ER
45. Arid
48. Vocalized pauses

## Yesterday's Crossword



## What's online

See today's answers at metronews.ca/answers.

## Sudoku

### How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 1 | | 5 | | 4 | | 8 | |
| 4 | | | 8 | | 9 | | | 1 |
| | 3 | | | 7 | | | 6 | |
| | | 9 | | | | 6 | | |
| 6 | 2 | | | | | | 3 | 7 |
| | | 3 | | | | 4 | | |
| | 7 | | | 5 | | | 2 | |
| 8 | | | 2 | | 6 | | | 3 |
| | 6 | | 3 | | 7 | | 5 | |

## Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 8 | 1 | 3 | 4 | 6 | 5 | 7 | 2 |
| 3 | 2 | 4 | 1 | 5 | 7 | 8 | 6 | 9 |
| 5 | 6 | 7 | 8 | 2 | 9 | 4 | 1 | 3 |
| 2 | 7 | 5 | 4 | 8 | 1 | 9 | 3 | 6 |
| 8 | 3 | 9 | 5 | 6 | 2 | 7 | 4 | 1 |
| 4 | 1 | 6 | 9 | 7 | 3 | 2 | 5 | 8 |
| 1 | 4 | 8 | 6 | 9 | 5 | 3 | 2 | 7 |
| 7 | 9 | 3 | 2 | 1 | 4 | 6 | 8 | 5 |
| 6 | 5 | 2 | 7 | 3 | 8 | 1 | 9 | 4 |

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